

INTERNATIONAL MARMARA CUP

İSTANBUL
28-30 JULY 2023
CHILDREN CATEGORIES

FREE
ACCOMODATION





TURKISH KARATE FEDERATION

Greeting from the President of Turkish Karate Federation



On behalf of Turkish Karate Federation, it is my honor and pleasure to invite you to the International Marmara Karate Cup which will be held from 28-30 July 2023

The city of İstanbul has been chosen as usual to host this important and prestigious competition.

We are expecting athletes from all over the world and we are determined to do our utmost to bring about the best possible conditions to make this competition a memorable occasion.

Av. Dr. Aslan Abid UĞUZ
President
Turkish Karate Federation



TURKISH KARATE FEDERATION



The city of Istanbul, 5712 square kilometers, is the largest city in Türkiye and one of the largest in Europe. Capital of two empires, is also one of the four cities in the world and certainly the most spectacular, that stands over two continents: Europe and Asia, limited by the Bosphorus Strait, the only maritime route between the Mediterranean Sea and the Black sea, across the Sea of Marmara. Istanbul has an enviable and strategic geographical location, inserted in the famous Silk Road and the main railway networks in Europe and the Middle East, besides having Bosphorus and the Golden Horn (estuary that penetrates the city and has become an important way of transportation, commerce, navigation and tourism). Although no longer the capital of the country (moved to Ankara with the establishment of the Republic in 1923), Istanbul is the main protagonist of the life and spirit of Türkiye. With a population of over 17 million people, according to official figures -popularly believed as much lower than the actual population-, Istanbul is one of the largest conurbations in Europe and the world in general.

For its amazing contrasts and intercontinental character, Istanbul is one of the world's most fascinating cities: ancient and modern, European and Asian, demure and liberal, a city of mystery and magic, incredible history and rich culture, a city that that have inspired countless works of art and one of the world's top tourist destinations, recommended between the top ten places to visit in 2013, according to the New York Times.

Istanbul is itself the administrative capital of the Istanbul province. In 1985 its historic center was selected by UNESCO as a World Heritage Site. It is considered a "Global City" and in 2010 was declared European Capital of Culture. It was the second candidate to host the 2020 Olympics Games.



TURKISH KARATE FEDERATION

EVENT'S PROGRAMME

DATE	TIME	ACTIVITY	LOCATION
27.07.2023		Arrival	Dormitory/Hotels
27.07.2023	10:00-17:00	Registration	Sport Hall
27.07.2023	10:00-17:30	Weigh in (All categories)	Sport Hall
27.07.2023	18:00	Draw	Sport Hall
28.07.2023	09:00-20:00	Competition Day 1	Sport Hall
29.07.2023	09:00-20:00	Competition Day 2	Sport Hall
30.07.2023	09:00-20:00	Competition Day 3	Sport Hall
31.07.2023		Departure	Sport Hall

AGE CATEGORIES

(For both male and female Competitors)

Children:

2015

2014

2013

2012

2011

2010

KATA

	Individual		Team
	2015	2014	2015-2014
Children	2013	2012	2013-2012
	2011	2010	2011-2010

KUMITE

Male				Female			
2013	2012	2011	2010	2013	2012	2011	2010
-30 kg	-35 kg	-37 kg	-40 kg	-30 kg	-32 kg	-35 kg	-39 kg
-35 kg	-40 kg	-42 kg	-45 kg	-34 kg	-36 kg	-40 kg	-44 kg
-40 kg	-45 kg	-47 kg	-50 kg	-37 kg	-40 kg	-45 kg	-49 kg
-45 kg	-50 kg	-52 kg	-55 kg	-40 kg	-44 kg	-50 kg	-54 kg
+45 kg	+50 kg	+52 kg	+55 kg	+40 kg	+44 kg	+50 kg	+54 kg



TURKISH KARATE FEDERATION

SPORT HALL



HİDAYET TÜRKÖĞLU SPORTS COMPLEX

Adress :Şehit Kamil Balkan Cad. Adapark Yanı / Bayrampaşa/ İSTANBUL

Phone : +90212 312 68 56



TURKISH KARATE FEDERATION

COMPETITION SCHEDULE

FRIDAY 28 JULY 2023				
Time	Category	M/F	Birth Date	Activity
09:00	Kata individual	Male	2010	Eliminations&Repechages&Finals
	Kata individual	Male	2011	Eliminations&Repechages&Finals
	Kata individual	Male	2012	Eliminations&Repechages&Finals
	Kata individual	Male	2013	Eliminations&Repechages&Finals
	Kata individual	Male	2014	Eliminations&Repechages&Finals
	Kata individual	Male	2015	Eliminations&Repechages&Finals
	-30 kg	Female	2013	Eliminations&Repechages&Finals
	-34 kg	Female	2013	Eliminations&Repechages&Finals
	-37 kg	Female	2013	Eliminations&Repechages&Finals
	-40 kg	Female	2013	Eliminations&Repechages&Finals
	+40 kg	Female	2013	Eliminations&Repechages&Finals
	-32 kg	Female	2012	Eliminations&Repechages&Finals
	-36 kg	Female	2012	Eliminations&Repechages&Finals
	-40 kg	Female	2012	Eliminations&Repechages&Finals
	-44 kg	Female	2012	Eliminations&Repechages&Finals
	+44 kg	Female	2012	Eliminations&Repechages&Finals
	-35 kg	Female	2011	Eliminations&Repechages&Finals
	-40 kg	Female	2011	Eliminations&Repechages&Finals
	-45 kg	Female	2011	Eliminations&Repechages&Finals
	-50 kg	Female	2011	Eliminations&Repechages&Finals
	+50 kg	Female	2011	Eliminations&Repechages&Finals
	-39 kg	Female	2010	Eliminations&Repechages&Finals
	-44 kg	Female	2010	Eliminations&Repechages&Finals



TURKISH KARATE FEDERATION

SATURDAY 29 JULY 2023				
Time	Category	M/F	Birth Date	Activity
09:00	Kata individual	Female	2010	Eliminations&Repechages&Finals
	Kata individual	Female	2011	Eliminations&Repechages&Finals
	Kata individual	Female	2012	Eliminations&Repechages&Finals
	Kata individual	Female	2013	Eliminations&Repechages&Finals
	Kata individual	Female	2014	Eliminations&Repechages&Finals
	Kata individual	Female	2015	Eliminations&Repechages&Finals
	-30 kg	Male	2013	Eliminations&Repechages&Finals
	-35 kg	Male	2013	Eliminations&Repechages&Finals
	-40 kg	Male	2013	Eliminations&Repechages&Finals
	-45 kg	Male	2013	Eliminations&Repechages&Finals
	+45 kg	Male	2013	Eliminations&Repechages&Finals
	-35 kg	Male	2012	Eliminations&Repechages&Finals
	-40 kg	Male	2012	Eliminations&Repechages&Finals
	-45 kg	Male	2012	Eliminations&Repechages&Finals
	-50 kg	Male	2012	Eliminations&Repechages&Finals
	+50 kg	Male	2012	Eliminations&Repechages&Finals
	-37 kg	Male	2011	Eliminations&Repechages&Finals
	-42 kg	Male	2011	Eliminations&Repechages&Finals
	-47 kg	Male	2011	Eliminations&Repechages&Finals
	-52 kg	Male	2011	Eliminations&Repechages&Finals
	+52 kg	Male	2011	Eliminations&Repechages&Finals
	-40 kg	Male	2010	Eliminations&Repechages&Finals
	-45 kg	Male	2010	Eliminations&Repechages&Finals
	Opening Ceremony			

SUNDAY 30 JULY 2023				
Time	Category	M/F	Birth Date	Activity
09:00	Kata Team	Female	2014/15	Eliminations&Repechages&Finals
	Kata Team	Female	2012/13	Eliminations&Repechages&Finals
	Kata Team	Female	2010/11	Eliminations&Repechages&Finals
	Kata Team	Male	2014/15	Eliminations&Repechages&Finals
	Kata Team	Male	2012/13	Eliminations&Repechages&Finals
	Kata Team	Male	2010/11	Eliminations&Repechages&Finals
	-49 kg	Female	2010	Eliminations&Repechages&Finals
	-54 kg	Female	2010	Eliminations&Repechages&Finals
	+54 kg	Female	2010	Eliminations&Repechages&Finals
	-50 kg	Male	2010	Eliminations&Repechages&Finals
	-55 kg	Male	2010	Eliminations&Repechages&Finals
	+55 kg	Male	2010	Eliminations&Repechages&Finals
	Closing Ceremony			



TURKISH KARATE FEDERATION

ENTRANCE FEE:

Single Entry 40 Euros

Kata/Kumite 60 Euros

Team 40 Euros

ACCOMMODATION:

ACCOMMODATION IN UNIVERSITY DORMITORIES WILL BE FREE OF CHARGE FOR ALL PARTICIPANTS.

Breakfast and dinner will also be free of charge in dormitories.





TURKISH KARATE FEDERATION

OFFICIAL HOTELS:

Guests who do not prefer to stay in dormitories can stay in our official hotels

Grand S Hotel



Single: 70 € (Bed&Breakfast)

Double: 85 € (Bed&Breakfast)

Triple: 110 € (Bed&Breakfast)

Litros Hotel & Spa



Single: 85 € (Bed&Breakfast)

Double: 95 € (Bed&Breakfast)

Triple: 115 € (Bed&Breakfast)



TURKISH KARATE FEDERATION

Windsor Hotel & Convention Center



Single: 120 € (Bed&Breakfast)

Double: 125 € (Bed&Breakfast)

WishMore Hotel İstanbul



Single: 140 € (Bed&Breakfast)

Double: 150 € (Bed&Breakfast)



TURKISH KARATE FEDERATION

Transfer:

Venue / Dormitories / Venue transfers will be free of charge

Transfers from/to İstanbul Airport (One way)

1 pax 100 euros

2 pax 60/per person

3 pax 45/per person

4 pax 35/ per person

8 pax 30/ per person

Transfers from/to Sabiha Gökçen Airport (One way)

1 pax 150 euros

2 pax 90/per person

3 pax 70/per person

4 pax 50/ per person

8 pax 45/ per person

Referees:

All WKF,EKF Balkan, Mediterranean and experienced National Referees and Judges are welcome.

Free accommodation in dormitories and breakfast and dinner will be free of charge for all officials.



TURKISH KARATE FEDERATION

General information:

Useful Numbers:

Ambulance: 112

Police: 155

Tourism Info: 170

Currency and Exchange:

Official currency is Turkish Lira.

Business Hours:

09:00 – 18:00

Electricity:

Türkiye operates on 220 volts, 50 Hz, with round-prong Europeanstyle plugs that fit into recessed wall sockets /points.

Vehicle Driving:

Türkiye accepts driving licenses from most countries for a period of up to 6 months, after which you are required to obtain a Turkish license. Traffic is left hand drive.



TURKISH KARATE FEDERATION

TERMS OF RESPONSIBILITY

This form must be filled in and signed by the head of delegation, team, or the individual, then uploaded during online registration for the event.

_____ the undersigned, as

- the Head of Delegation of my National Federation
- the participating Athlete
- the Referee

duly enrolled to participate in the Marmara Karate Cup, which will be held in İstanbul (Türkiye), from 28 to 30 July 2023, with full knowledge of the Statutes, the Rules and the Norms of the Turkish Karate Federation (TKF), pledge myself to faithfully accomplish the regulations of the aforementioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to

- our athletes, coaches, referees and other members of our delegation
- myself

participating at these Championships, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizer of the Championships, the Turkish Karate Federation and its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

- I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation / myself for the sport activities and publications of karate, related to the event, without any monetary compensation.

Date & place:

Signature:



TURKISH KARATE FEDERATION

Visa to Türkiye

For detailed information on visa, please contact your nearest Turkish Embassy or representative office. For more information, please visit the following website: www.mfa.gov.tr

For Detailed Information

Turkish Karate Federation

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